

## HEALTH HUT OVER THE COUNTER MEDICINE

Please Note: All medication is given per instruction, allergies are verified, and only age-appropriate for the camper. These medications are available on an as-needed basis and note intended for daily or weekly use.

Benadryl (liquid & tablets) Camphophenique Cepacol Cetaphil Claritin (lorantidine) Dayquil (acetamenophen, dextromethorphan HBr, phenylephrine) Delsym (dextromethorphan) **Hydrocortisone Cream** Ibuprophen (liquid & tablets) Liquid IV Melatonin Miralax Nasal Saline Spray Nyquil \*acetamenophen, doxylamine succinate, dextromethorphan HBr) Pepcid (famantodine) **Throat Losenges** Robitussin (guaifenesin) **Triple Antibiotic Ointment** Tylenol (acetamenophen) Tums

Sunscreen Provided by Camp: Rocky Mountain Sunscreen SPF 50

CAMPER PRESCRIPTIONS: These items will need to be submitted to the RN/NP/MD with Doctor's Orders Form for each item in the ORIGINAL container on Opening Day. If your camper takes any of these over the counter medications regularly, please bring an adequate supply for their time at camp.

<sup>\*</sup>Please send your own sunscreen to camp but this will be available as needed.